Thank you



for being the front line in policing distracted driving

and helping more people return safely to their homes by avoiding incident, injury or death.





please don't use your handsfree kit instead, because...



...a driver using a handheld or a handsfree phone...



is **four times** more likely to be involved in a collision than an undistracted driver

can **look** at hazards but fail to actually **see** them because their mind is on their phone

is impaired in a similar way to a **drink driver**

Not convinced? Scan the code below to experience the limits of your attention, and learn how phone use is different from talking to a passenger

So thank you again: good advice can save lives

*it really is!

But if you're not convinced, try out this activity and look at the resources here











